

How to make Thickened Ice Cream for People with Dysphagia

Precise



Level 150 |
Mildly Thick Ice Cream:

Add 4 pumps of Precise Thick-N INSTANT Single Serve to 500ml of ice cream in a blender and blend for 30 seconds. Place into serving containers and refreeze before serving.

Level 400 |
Moderately Thick
Ice Cream:

Add 7 pumps of Precise Thick-N INSTANT Single Serve to 500ml of ice cream in a blender and blend for 30 seconds. Place into a serving container and refreeze before serving.

Level 900 |
Extremely Thick
Ice Cream:

Add 2 Pumps of Precise Thick-N INSTANT Bulk Serve (or 14 pumps of Single Serve) to 500mL of frozen Ice Cream in a blender and blend for 30seconds. Place into serving containers and refreeze before serving.